

## LEG REST TETHER

The tether is essentially an extending rod with a cuff at either end.



Each cuff slips over the gas stem of both the chair and then the legrest. First of all raise both gas stems so that the inner, silver section is visible.

The gap in the cuff should allow the cuff to clip on, and then lower the tether down over the black outer part of the gas stem.



Adjust the length of the tether so that both castor bases can move without impeding each other, and tighten.



Select from a range of different leg supports to suit your needs :

<https://www.healthyworkstations.com/Leg-Supports/>



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